



★★★★★ (13)

HELSINGBORG-GOTHENBURG BIKE TOUR

Cycle along the Kattegat route, Sweden's first national bike route.

Cycle along Sweden's picturesque West coast through charming fishing villages and small ports. The Kattegat route mostly follows the sea, travel through open countryside, exciting nature reserves and lush farmlands. As you draw closer to Gothenburg you will notice a shift in the landscape, with scenic cliffs, lush forests, sheltered bays and quaint harbours along the way. The culinary speciality of this region is seafood, which is the biggest celebrity on this bike tour. Discover the West coast and enjoy everything the region is so well-known for!

- [Learn more about cycling holidays in West Sweden!](#)



8 Days / 7 Nights



self guided

To the online version



ITINERARY

DAY
1

Individual arrival to Helsingborg

Individual arrival in Helsingborg. Your hotel is located in the center of Helsingborg, close to sights such as the medieval watchtower "Kärnan" and the Marienkirche. In the evening, your personal welcome briefing will take place.

DAY
2

Helsingborg - Ängelholm | ca. 60 km

Starting with a ride along the promenade in Helsingborg you will soon pass Sofiero Palace with its gardens. The park is a thriving oasis and was awarded as "Europes Most Beautiful Park" in 2010. You continue along the coast through quaint little fishing villages and small boat marinas. The tour leads you to Höganäs where you can see and buy the world famous salt-glazed Höganäs ceramics. The journey crosses the Kulla Peninsula, passing vineyards and small farm shops before you reach Ängelholm where you stay overnight.

DAY
3

Ängelholm - Halmstad | ca. 65-95 km

From Ängelholm you follow the coast to Vejbystrand. You cycle through open meadows and several small coastal communities. In Magnarps Port you can stop for a well-hidden, lovely fish restaurant with a stunning view of the sea. You leave the coast to cycle across the peninsula towards the beautiful summer town of Båstad. Now the journey continues along one of Sweden's longest sandy beaches and the resorts of Skummeslövsstrand and Mellbystrand. You will also pass the nature reserves Tönnrersa and Gullbranna and finally reach Halmstad.

DAY
4

Halmstad - Falkenberg | ca. 60 km

Today Sweden's most famous beach is awaiting you: Tylösand. Not only the beach but also the hotel of the same name is worth a visit. The trip continues north along the coast. The sea, open countryside, exciting nature reserves and lush farmland lies along the following stretch. You pass Ugglarp, a small coastal community with famous vegetable gardens and a nice seaside resort. The route leads you over beautiful Grimsholmen to Falkenberg, which is one of the oldest medieval towns in the region of Halland.

DAY
5**Falkenberg - Varberg** | ca. 40 km

Look forward to picturesque fishing villages, artists and artisans along the route. In Träslövsläge you can feast on freshly cooked lobsters and stroll through the older parts of the city. As you approach Varberg the castle towers over you.

DAY
6**Varberg - Kungsbacka** | ca. 60-75 km

North of Varberg the landscape changes - the sandy beaches are fewer and smaller, while rocky coastline starts to dominate and the first islands begin to appear in the sea. Along fields and horse farms you will reach Kungsbacka finally, a cozy small town with impressive old city.

DAY
7**Kungsbacka - Göteborg** | ca. 40-65 km

You missed the sea? Thanks heaven it will accompany you again today. You will pass Vallda and Särö, the former playground of the ancient royal family and Gothenburg high society. Afterwards you will soon reach the old railway, now converted into a bike path just near the sea. Cliffs, lush forests, bays and marinas line your path into Gothenburg. Follow the harbor to enter Sweden's second largest city and enjoy your last overnight.

DAY
8**Individual departure or extension**

After breakfast your tour ends. We are happy to extend your holidays with extra nights.



Tour character

You cycle on well sign-posted bike paths and gravel roads as well as side roads with less traffic. Short sections are on roads with more traffic. Flat to slightly hilly tour course.

PRICES AND EVENTS

PLACE OF ARRIVAL: HELSINGBORG

	Season 1 25.05.2024 - 31.05.2024 31.08.2024 - 07.09.2024 Saturday	Season 2 01.06.2024 - 14.06.2024 17.08.2024 - 30.08.2024 Saturday	Season 3 15.06.2024 - 16.08.2024 Saturday
Kattegat route by bike from Helsingborg, 8 days, category A, SE-KARHG-08A			
Base price	13 999	14 499	14 999
Single room supplement	5 999	5 999	5 999
Kattegat route by bike from Helsingborg, 8 days, category A, SE-KARHG-08A			
Base price	12 999	13 499	13 999
Single room supplement	5 499	5 499	5 499

Category A: 3***- and 4**** hotels

Category B: 2**- and 3*** hotels and inns

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: HELSINGBORG

	Season 1 May 25, 2024 - May 31, 2024 Aug 31, 2024 - Sep 7, 2024 Saturday	Season 2 Jun 1, 2024 - Jun 14, 2024 Aug 17, 2024 - Aug 30, 2024 Saturday	Season 3 Jun 15, 2024 - Aug 16, 2024 Saturday
Helsingborg cat. A			
Extra night in double room/breakfast	1 199	1 199	1 199
Extra night in single room/breakfast	1 999	1 999	1 999

	Season 1 May 25, 2024 - May 31, 2024 Aug 31, 2024 - Sep 7, 2024 Saturday	Season 2 Jun 1, 2024 - Jun 14, 2024 Aug 17, 2024 - Aug 30, 2024 Saturday	Season 3 Jun 15, 2024 - Aug 16, 2024 Saturday
Gothenburg cat. A			
Extra night in double room/breakfast	1 199	1 199	1 199
Extra night in single room/breakfast	1 999	1 999	1 999
Helsingborg cat. A			
Extra night in double room/breakfast	999	999	999
Extra night in single room/breakfast	1 799	1 799	1 799
Gothenburg cat. A			
Extra night in double room/breakfast	1 099	1 099	1 099
Extra night in single room/breakfast	1 899	1 899	1 899

Our rental bikes

	Filter
Touring bike, unisex	1 699
Touring bike, mens modell	1 699
Sporty touring bike, unisex	2 499
Sporty touring bike, mens modell	2 499
	3 499

Electric bike, unisex

Prices per person in SEK

SERVICES AND EXTRAS

Services included

Services included:

- Overnights in the chosen category
- Breakfast
- Luggage transportation from hotel to hotel
- Carefully elaborated route instructions
- Detailed travel documents: Route maps, route description, tourist attractions and sights, important telephone numbers (1x per booked room)
- Bike-App and GPS files
- Service-Hotline

Optional:

- Rental bike

Not included:

- Travel insurance
- All services not mentioned under services included

Sustainability at Active Scandinavia:

- Contribute together with us to even more sustainability and decide for our digital route book and thus against the printed version. As a small thank you, you will receive a discount of SEK 250 per room.

More information

Arrival / Parking / Return journey:

- **By flight:** Airports Copenhagen or Gothenburg, continue by train to Helsingborg (hourly connections available, transportation of bikes is possible). More information: www.oresundstag.se.
- **By train:** Helsingborg train station.
- **By car:** Hotelgarage in Helsingborg from 240 SEK per day. Hotel garage in Gothenburg from 395 SEK per day or public park garage from 210 SEK per day.

- **Good to know:** If you are traveling with your own bikes, we recommend that you first arrive in Helsingborg to leave your bikes at the hotel in Helsingborg and then continue to Gothenburg to park your car there. Since the train company sometimes carries out track work during the summer months, the transport of own bikes on the train can not be guaranteed throughout.
- **Return journey:** Gothenburg and Helsingborg are well connected by train. More information: www.oresundstag.se