



★★★★★ (5)

STOCKHOLM & SÖRMLAND BIKE TOUR

Cycle through Swedish history.

Discover Stockholm with its 14 islands and the beautiful surroundings along one of Sweden's largest lakes. Cycle through exciting and varied scenery, always accompanied by either one of the countless lakes or the sea which will never leave your side. Learn about Swedish history from Viking times up until today and discover royal palaces such as Drottningholm Palace, Taxinge or Tullgarn Palace as well as a great number of parks, picturesque small towns as Mariefred and Trosa and of course the great wideness of Sweden.

- Here you find more information about our [cycling holidays in Stockholm](#)



7 Days / 6 Nights



self guided

To the online version



ITINERARY

DAY
1

Arrival to Stockholm

Take your first stroll through Sweden's capital and explore some of the many sights and tourist attractions.

DAY
2

Stockholm - Södertälje | ca. 60 km

The bike trip takes you along an ancient trade route that has existed since the Viking Age, skirting along Sweden's third largest lake, Lake Mälaren. On the way, you pass the World Heritage listed Drottningholm Palace. Here, right on the shore of Lake Mälaren, the royal family grew up. Also located in the grounds is the Chinese Pavilion dating from the 18th century. You continue by short ferry trip in direction Södertälje. At Sturehov, located in eastern Lake Mälaren, it's time for a late lunch. Södertälje, home of Scania is located south of Stockholm where the lake is connected to the Baltic Sea through the lock in Södertälje canal. Overnight stay in Södertälje.

DAY
3

Södertälje - Mariefred | ca. 45 km

Today you ride on small side roads to Gripsholm Castle. It houses the national portrait collection of over 4000 works that trace the portrait art from the 1400s and up to the present. The castle's history goes back to the 1370s, when Bo Jonsson Grip built a castle on a promontory which, after several expansions became Gripsholm Castle. If you would like to extend your tour you cycle to island Selaön with runestones and cemetery from the 15th century, built in the form of a ship.

DAY
4

Mariefred - Järna | ca. 45 km

Today's tour takes you right into the middle of untouched and remote nature reserves, through the amazing scenery of Sörmland. At this spot countless rivers and lakes were formed due to vast tectonic movements. Nevertheless the altitude is never higher than 100m. Once you have mastered the hills you get rewarded with stunning views and a long descent. Your hotel is located beautifully at a lake in the countryside and completes this "green day" of your bike trip.

DAY
5**Järna - Trosa** | ca. 50 km

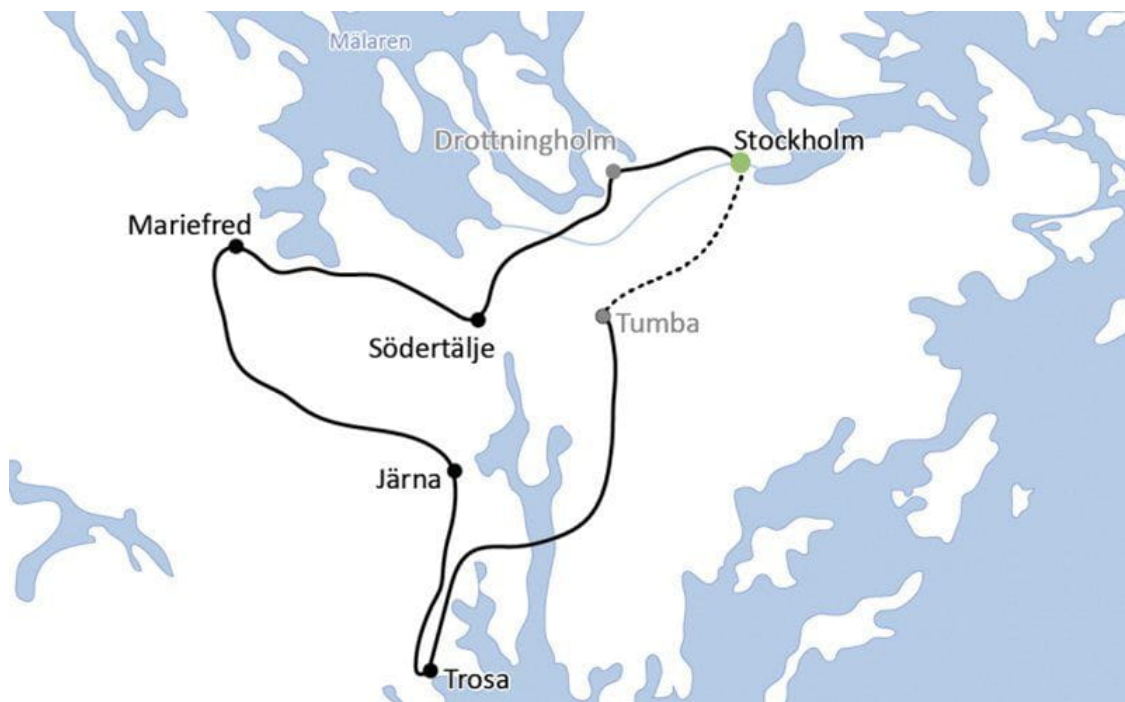
Your destination for the day is the idyllic Baltic Sea town of Trosa, which is also used as setting for many movies. Finish your day with a stroll through the picturesque village and enjoy the small alleys, red houses and wonderful views on the water. We recommend to try crabs, salmon or smoked fish in one of the nice, little restaurants for dinner.

DAY
6**Trosa - Tumba, Tumba - Stockholm (by train)** | ca. 55 km

Northward bound and a short ferry trip later you return to one of Stockholm's many islands. The last part is covered by commuter train to Stockholm (not included). You will leave the train on the island of Södermalm and cycle the last kilometers back to your hotel. Enjoy your last overnight in the capital with a typical Swedish dinner in one of the numerous restaurants.

DAY
7**Individual departure or extension**

After breakfast your tour ends. We are happy to book extra nights for you.



Tour character

You cycle mostly on bike paths and gravel roads as well as forest tracks and side roads with less traffic through typical Swedish nature. To some extent there are simpler trail conditions with raw gravel. Flat to slightly hilly tour course.

PRICES AND EVENTS

PLACE OF ARRIVAL: STOCKHOLM

	Season 1 26.05.2024 - 01.06.2024 01.09.2024 Sunday	Season 2 02.06.2024 - 15.06.2024 18.08.2024 - 31.08.2024 Sunday	Season 3 16.06.2024 - 17.08.2024 Sunday
Stockholm round trip by bike, 7 days, category A, SE-STRSS-07A			
Base price	11 499	11 999	12 499
Single room supplement	5 199	5 199	5 199
Stockholm round trip by bike, 7 days, category B, SE-STRSS-07B			
Base price	10 499	10 999	11 499
Single room supplement	4 299	4 299	4 299

Category A: Chosen 3***- and 4****-hotels

Category B: Chosen 3***-hotels, 1x overnight with shared bathroom

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: STOCKHOLM

	Season 1 May 26, 2024 - Jun 1, 2024 Sep 1, 2024 Sunday	Season 2 Jun 2, 2024 - Jun 15, 2024 Aug 18, 2024 - Aug 31, 2024 Sunday	Season 3 Jun 16, 2024 - Aug 17, 2024 Sunday
Stockholm			
Extra night in double room/breakfast	999	999	999
Extra night in single room/breakfast	1 699	1 699	1 699

	Season 1 May 26, 2024 - Jun 1, 2024 Sep 1, 2024 Sunday	Season 2 Jun 2, 2024 - Jun 15, 2024 Aug 18, 2024 - Aug 31, 2024 Sunday	Season 3 Jun 16, 2024 - Aug 17, 2024 Sunday
Stockholm			
Extra night in double room/breakfast	899	899	899
Extra night in single room/breakfast	1 499	1 499	1 499

Our rental bikes

Filter

24-gear touring bike	1 199
Electric bike	3 099

Prices per person in SEK

SERVICES AND EXTRAS

Services included

Services included:

- Overnights in the chosen category
- Breakfast
- Luggage transfer from hotel to hotel
- all ferries
- Carefully elaborated route instructions
- Detailed travel information: Route maps, route description, tourist attractions and sights, important telephone numbers (1x per booked room)
- Navigation-App and GPS files
- Service hotline

Optional:

- Rental bike

Not included:

- Train ride Tumba-Stockholm, ca. 50 SEK per person
- Travel insurance
- All services not mentioned under "Services included"

Sustainability at Active Scandinavia:

- Contribute together with us to even more sustainability and decide for our digital route book and thus against the printed version. As a small thank you, you will receive a discount of 250 SEK per room.

More information

Arrival / Parking / Return journey:

- **By flight:** Airport Arlanda, by [Arlanda Express](#) (fast train) or [Flygbuss](#) (airport bus) to the main train station of Stockholm (duration ca. 30-45 minutes). Continue by Tunnelbana (subway), more information: www.sl.se.
- **By train:** Stockholm main train station.
- **By car:** Hotel garage from 310 SEK (ca. 30 Euro) per day, reservation not possible, payable on spot.