



★★★★★ (10)

HELSINGBORG - GOTHENBURG

Cycle along the Kattegat route, Sweden's first national bike route.

Cycle along Sweden's picturesque West coast through charming fishing villages and small ports. The Kattegat route mostly follows the sea, travel through open countryside, exciting nature reserves and lush farmlands. As you draw closer to Gothenburg you will notice a shift in the landscape, with scenic cliffs, lush forests, sheltered bays and quaint harbours along the way. The culinary speciality of this region is seafood, which is the biggest celebrity on this bike tour. Discover the West coast and enjoy everything the region is so well-known for! You can even extend your holidays for another three days, to explore the wonderful archipelago around Gothenburg.

- Learn more about [active holidays in West Sweden!](#)



8 Days / 7 Nights



self guided

To the online version



ITINERARY

DAY
1

Individual arrival to Helsingborg

Individual arrival in Helsingborg. Your hotel is located in the center of Helsingborg, close to sights such as the medieval watchtower "Kärnan" and the Marienkirche. In the evening, your personal welcome briefing will take place.

DAY
2

Helsingborg - Ängelholm | ca. 60 km

Starting with a ride along the promenade in Helsingborg you will soon pass Sofiero Palace with its gardens. The park is a thriving oasis and was awarded as "Europes Most Beautiful Park" in 2010. You continue along the coast through quaint little fishing villages and small boat marinas. The tour leads you to Höganäs where you can see and buy the world famous salt-glazed Höganäs ceramics. The journey crosses the Kulla Peninsula, passing vineyards and small farm shops before you reach Ängelholm where you stay overnight.

DAY
3

Ängelholm - Halmstad | ca. 65-95 km

From Ängelholm you follow the coast to Vejbystrand. You cycle through open meadows and several small coastal communities. In Magnarps Port you can stop for a well-hidden, lovely fish restaurant with a stunning view of the sea. You leave the coast to cycle across the peninsula towards the beautiful summer town of Båstad. Now the journey continues along one of Sweden's longest sandy beaches and the resorts of Skummeslövsstrand and Mellbystrand. You will also pass the nature reserves Tönnrersa and Gullbranna and finally reach Halmstad.

DAY
4

Halmstad - Falkenberg | ca. 60 km

Today Sweden's most famous beach is awaiting you: Tylösand. Not only the beach but also the hotel of the same name is worth a visit. The trip continues north along the coast. The sea, open countryside, exciting nature reserves and lush farmland lies along the following stretch. You pass Ugglarp, a small coastal community with famous vegetable gardens and a nice seaside resort. The route leads you over beautiful Grimsholmen to Falkenberg, which is one of the oldest medieval towns in the region of Halland.

DAY
5**Falkenberg - Varberg** | ca. 40 km

Look forward to picturesque fishing villages, artists and artisans along the route. In Träslövsläge you can feast on freshly cooked lobsters and stroll through the older parts of the city. As you approach Varberg the castle towers over you.

DAY
6**Varberg - Kungsbacka** | ca. 60-75 km

North of Varberg the landscape changes - the sandy beaches are fewer and smaller, while rocky coastline starts to dominate and the first islands begin to appear in the sea. In Åsa you leave the sea for a moment to bike through farmland and rolling hills to Fjärås Bräcka. Take a break and enjoy the views of both the lake and the sea, and visit the Li burial ground with its more than 100 stone megaliths. Along fields and horse farms you will reach Kungsbacka finally, a cozy small town with impressive old city.

DAY
7**Kungsbacka - Göteborg** | ca. 40-65 km

You missed the sea? Thanks heaven it will accompany you again today. You will pass Vallda and Särö, the former playground of the ancient royal family and Gothenburg high society. Afterwards you will soon reach the old railway, now converted into a bike path just near the sea. Cliffs, lush forests, bays and marinas line your path into Gothenburg. Follow the harbor to enter Sweden's second largest city and enjoy your last overnight.

DAY
8**Individual departure or archipelago extension: Northern archipelago**

| ca. 25-65 km

Individual departure: After breakfast your tour ends. We are happy to extend your holidays with extra nights.

Archipelago extension: Northern archipelago

From ferry terminal Stenpiren or Lilla Varholmen you reach island Hönö Klåva by boat (tickets available on board, ca. SEK 250 per person). On flat routes you then explore the Northern archipelago. Visit the Fiskemuseet (fishing museum) to learn more about boats and the history of fishery. Afterwards a stop at Concept Store Lilling Cottage is worth it for a light lunch. Continue your tour through nature reserve Ersdalen onto the islands of Öckerö, Hälsö and Knippla before your boat brings you back to Gothenburg in the late afternoon.

DAY
9**Southern archipelago** | ca. 15-35 km

Today you explore the South. You start again with a boat ride (ca. 50 minutes, ca. SEK 70 per person). Explore the car free islands of Styrnö and Donsö. Summer restaurant Isbolaget is located next to the pier and the right address for a tasty lunch. Enjoy the silence and idyll of the archipelago, also for a swim in the refreshing sea before you return to lively Gothenburg. Spend your last evening in one of the numerous restaurants.

DAY
10**Individual departure**

After breakfast your cycling holiday ends.



Tour character

You cycle on well sign-posted bike paths and gravel roads as well as side roads with less traffic. Short sections are on roads with more traffic. Flat to slightly hilly tour course.

PRICES AND EVENTS

PLACE OF ARRIVAL: HELSINGBORG

	Season 1 07.05.2022 - 20.05.2022 10.09.2022 - 24.09.2022 Saturday	Season 2 21.05.2022 - 10.06.2022 20.08.2022 - 09.09.2022 Saturday	Season 3 11.06.2022 - 19.08.2022 Saturday
Kattegat route by bike from Helsingborg, 8 days, category A, SE-KARHG-08A			
Base price	10 499	10 999	11 499
Single room supplement	4 499	4 499	4 499
Archipelago extension in a double room with breakfast, Cat. A	1 999		
Archipelago extension in a single room with breakfast, Cat. A	3 499	3 499	3 499
Kattegat route by bike from Helsingborg, 8 days, category B, SE-KARHG-08B			
Base price	9 499	9 999	10 499
Single room supplement	3 699	3 699	3 699

Category A: 3***- and 4**** hotels

Category B: 2**- and 3*** hotels and inns

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: HELSINGBORG

	Season 1 May 7, 2022 - May 20, 2022 Sep 10, 2022 - Sep 24, 2022 Saturday	Season 2 May 21, 2022 - Jun 10, 2022 Aug 20, 2022 - Sep 9, 2022 Saturday	Season 3 Jun 11, 2022 - Aug 19, 2022 Saturday
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	Season 1 May 7, 2022 - May 20, 2022 Sep 10, 2022 - Sep 24, 2022 Saturday	Season 2 May 21, 2022 - Jun 10, 2022 Aug 20, 2022 - Sep 9, 2022 Saturday	Season 3 Jun 11, 2022 - Aug 19, 2022 Saturday
Helsingborg			
Extra night in double room/breakfast	849	849	849
Extra night in single room/B&B	1 599	1 599	1 599
Gothenburg			
Extra night in double room/breakfast	999	999	999
Extra night in single room/B&B	1 899	1 899	1 899
Archipelago extension (2 nights)			
Archipelago extension in a double room with breakfast, Cat. A	1 999		
Archipelago extension in a single room with breakfast, Cat. A	3 499	3 499	3 499
Helsingborg			
Extra night in double room/breakfast	699	699	699
Extra night in single room/B&B	1 099	1 099	1 099
Gothenburg			
Extra night in double room/breakfast	849	849	849
Extra night in single room/B&B	1 199	1 199	1 199

Our rental bikes

Filter

21-gear Touring bike	1 199
Electric bike	2 099
Archipelago extension: 21-gear Touring bike	449
Archipelago extension: Electric bike	749

Our services

Filter

Archipelago extension in a double room with breakfast, Cat. B	1 699
Archipelago extension in a single room with breakfast, Cat. B	2 499

Prices per person in SEK

SERVICES AND EXTRAS

Services included

Services included:

- Overnights in the chosen category
- Breakfast
- Luggage transportation from hotel to hotel
- Carefully elaborated route instructions
- Detailed travel documents: Route maps, route description, tourist attractions and sights, important telephone numbers (1x per booked room)
- Bike-App and GPS data
- Service-Hotline

Optional:

- Rental bike
- Archipelago extension (3 days/2 nights), only in season 3

Not included:

- Travel insurance
- All services not mentioned under services included

More information

Arrival / Parking:

- **By flight:** Airports Copenhagen or Gothenburg, continue by train to Helsingborg (hourly connections available, transportation of bikes is possible). More information: www.oresundstag.se.
- **By train:** Helsingborg train station.
- **By car:**
Hotel car park in Helsingborg from ca. SEK 240 per day, reservation not possible, payable on spot. Park garage in Gothenburg from ca. SEK 220 per day, reservation not possible, payable on spot.